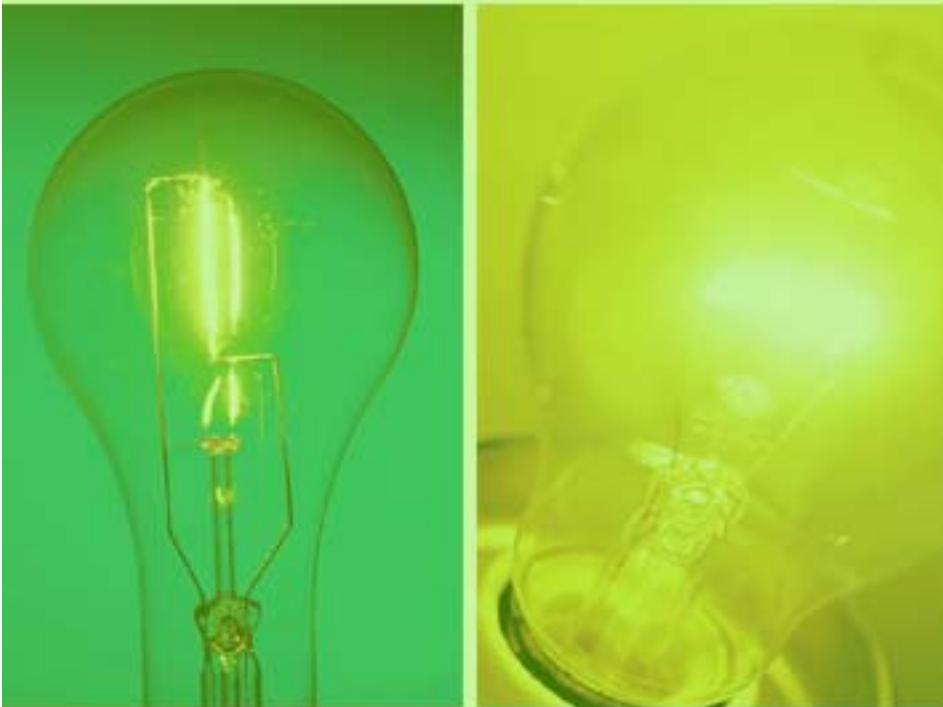


J-1 International Student Orientation



International Student & Scholar Services
Portland State University



International Student and Scholar Services

What are we going to talk about today?

- J-1 Visa and Immigration Advising
- Resources on Campus
- Paying Fees
- Work Authorization
- Stuff



SEVIS

Student and Exchange Visitor Program

J-1 Advisor Responsibilities:

ISSS Reports to the SEVIS system:

- Student enrollment each term
- Changes in J-1 status
- Address information
- Immigration changes



SEVIS

Student and Exchange Visitor Program Student Responsibilities:

- **J-1 Student Must**

- Update Student Info System of Address Changes within 10 days of change

- (www.banweb.pdx.edu)

- Enroll for full-time course load

- Keep DS-2019 valid and up-to-date



J-1 Terminology

- DS-2019
- Visa
- I-94
- J-1 Begin Date
- J-1 End Date
- Grace Period
- Early Withdrawal
- Academic Training
- J-2 Dependent

The image shows a lightbulb on the left and a glowing orb on the right, both set against a green background. The lightbulb is unlit, while the orb is bright and glowing.

DS-2019 and J-1 Visa

- Always keep your DS-2019 valid
 - Changes to Your Major
 - Dates of Validity
 - Changes to Your Funding
 - Early Departure
- J-1 Visa Can Expire
 - J-1 Visa Stamp is only for entry to US
 - Can only renew J-1 visa at a US Consulate outside the United States

A decorative header bar with a light green background. On the left side, there are two images: a glowing yellow lightbulb and a glowing yellow orb. The text "J-1 Grace Period" is centered in a green font.

J-1 Grace Period

- J-1 Student Grace Period
 - If you successfully complete your program, you have **30 days** to depart the US from completion of program date.
 - If you are authorized by an International Student Advisor to withdraw early from a program, you have **15 days** to depart the US.

A graphic of a glowing lightbulb is positioned on the left side of a light green horizontal bar at the top of the slide. The lightbulb is shown in a close-up, with its filament and base visible, and it emits a warm, yellowish glow.

Address Update

Remember:

If your US address changes...
you **MUST** update your address

in **Banweb!**

(www.banweb.pdx.edu)

A graphic of a glowing lightbulb is positioned on the left side of the slide, partially overlapping the green header bar. The lightbulb is shown in a close-up, with its filament and base visible, and it is emitting a bright yellow light that fades into the green background.

Travel Signature

Traveling Outside the US?

- Bring your DS-2019 to International Student Services for a travel signature at least 1 week before you travel.
- Travel Signatures Valid for 6 months/1 year!
 - Make sure your J-1 visa is still valid!

The top left of the slide features a graphic of a glowing lightbulb. The bulb is shown in two overlapping, semi-transparent states: one is a clear, unlit bulb, and the other is a glowing, lit bulb. The background of the slide is a light green gradient.

Full-time Enrollment

- Undergraduates = 12 credits per term
- Graduates = 9 credits per term
- Post-Baccalaureate Undergrad = 12 cr.
- Post-Baccalaureate Graduate = 9 cr.



Reduced Course Load

- Academic Reasons
 - Only with International Student Advisor permission.
- Medical Reasons
 - Only with International Student Advisor permission and recommendation from a Medical Doctor, Osteopath or a licensed Psychologist.

A decorative header bar with a light green background. On the left side, there are two images: a glowing yellow lightbulb and a glowing yellow orb. The text "Reduced Course Load (Continued)" is centered in the bar in a green, sans-serif font.

Reduced Course Load (Continued)

- Graduate Thesis/Dissertation/Project
 - Graduate students only with International Student Advisor permission.
- Completing a Degree at Portland State and Final Term at PSU.
 - With International Student Advisor permission only.



Special Restrictions

Some Courses do NOT meet full-time requirement!

- On-line classes (only one per-term)
- Non-PSU classes, without special permission
- Audit, F, X and I grades do NOT count toward full-time enrollment.



Two-Year Home Residence Requirement - 212(e)

- **Some J-1 Students are Subject to 212(e)**
 - Skills List
 - Home Government Funding
 - US Federal Funding for Exchange
- **Prohibits:**
 - Return to US on work visa
- **Does NOT prohibit:**
 - Return to US on visitor or student visa!



J-1 Work Authorization

- **On Campus**
 - With International Student Advisor letter
 - 20 hour maximum per week.
 - Social Security Card Required
(See ISSS Office)
- **Off Campus Academic Training**
 - If required/integral to academic program during studies.
 - **Field of Study specific**
 - Post-program great– with permission only and extension of DS-2019 document and J-1 status.

The header features a light green background. On the left side, there are two vertical rectangular images: the first shows a glowing yellow lightbulb, and the second shows a glowing yellow orb. The title 'Maintenance of Status' is centered in a large, green, sans-serif font.

Maintenance of Status

- Keep your DS-2019 and passport valid.
- Do not drop below full-time enrollment.
- Do not work without International Student Advisor permission.
- Always obtain a travel signature before you travel internationally.
- Always notify International Student Services of any change in your academic life or personal life that will impact your J-1 status.
- Your immigration status is your responsibility. **ALWAYS** ask an ISSS advisor when in doubt. We're here to help!



J-2 Dependents

- Will be issued DS-2019s in their own name.
- J-1 must have proof of financial ability to cover living expenses of J-2 dependents.
- Must be legal spouse or child unmarried under 21 years of age.
- May not pursue a degree program at a university or college.
- May enroll in recreational courses on a part-time basis.
- Kindergarten through high school may enroll full-time.
- J-2 may apply for general work authorization in US while J-1 is in status.



Paying Your Bills at PSU

- PSU Exchange Students
 - Different exchange programs have different remissions.
 - You may or may not cover your non-tuition fees
 - After first week of class, check with the Cashier's Window in Neuberger Hall, Main Lobby.
 - Bring any scholarship forms for your home university or government to Anne George in ISSS.
- Sponsored Exchange Students
 - If your sponsor pays your bills, find out how that will work.
 - Check your student account regularly.
 - Bring any scholarship forms for your home university or government to Anne George in ISSS.

Questions: Ask Anne!



Medical Insurance

All J-1 students must have adequate medical insurance **EVERY** day you are inside the United States.

Minimum coverage must provide:

- medical benefits (\$50,000 per accident or illness),
- deductible not to exceed \$500 per accident or illness,
- expenses associated with the medical evacuation to the home country (\$10,000),
- and repatriation of remains (\$7,500).



Medical Insurance

- **Your Own Private Medical Insurance**

If you have already purchased and brought medical insurance from your home country – then you must complete an on-line waiver.

- **PSU Administered Medical Insurance**

If you do not file an on-line waiver, you will be charged for PSU administered medical insurance.

A decorative header bar with a light green background. On the left side, there are two images: a glowing yellow lightbulb and a glowing yellow orb. The title 'Banking and Telephones' is written in a large, green, sans-serif font across the center of the bar.

Banking and Telephones

- Banking Terms
 - Checking vs. Savings
 - Social Security Number vs. ITIN
 - Bank vs. Credit Union
- Telephones
 - Landline: Qwest www.qwest.com or Housing Office
 - Cellular: Many companies – see tables during First Week of Classes on campus or ask your colleagues.
 - Read the contract carefully – many costs are listed for 2-year agreements.



Life at Portland State U.

- Clubs/Sports & Arts Facilities
- Get to Know your Professors
- Class Options – Explore
- Free Tutoring and Other Academic Assistance
- Counseling
- Student Discounts (Trimet, Tickets, etc)



Life in Portland

- Great Public Transportation!
- Bicycle Lanes!
- Many free music and cultural events!
- Access to the Outdoors!
- Connection to City and Community!
- Check Out- Student Newspapers and Willamette Week!

The top left corner of the slide features two images of lightbulbs. The first is a standard incandescent lightbulb, and the second is a glowing, spherical lightbulb. The background of the top section is a light green gradient.

Questions?

International Student and Scholar Services
East Hall, Room 101
Open: Monday through Friday
8am – 5pm

J-1 Student Advisor: Anne George
ageorge@pdx.edu

Anne's Hours: Tuesday, Wednesday and Thursday
Call for an Appointment 503-725-4094!