

Dear Student;

(Please share this with your parents, if necessary)

Congratulations on your acceptance to Portland State University! We are very happy that you will be coming to our university soon. We, the staff in the Office of International Student and Scholar Services, will do our best to make your experience at Portland State University (PSU) as satisfying, challenging, and comfortable as possible. We plan to meet you at International Student Orientation, and hope that we can continue the relationship throughout your academic career.

International Student Accident and Health Insurance Plan

The State of Oregon government requires all international students to be covered by medical insurance. PSU offers a medical health insurance plan for you which we believe is complete, convenient, and cost-competitive. We require that all PSU international students use this PSU plan. **Please do not purchase private medical insurance**, as it becomes an extra cost for you and is not necessary.

Coverage

Generally speaking, all medical visits to the campus Student Health and Counseling Center (SHAC) are free. You can make appointments with campus doctors, counselors, and nurses to get help for a variety of illnesses, including mental health issues such as stress or depression or eating disorders. Campus dentist visits are not free, but are much cheaper than the same services off-campus.

PSU Basic and Supplemental Insurance Plans will cover most of the expenses for off-campus health care. For a detailed description of insurance coverage, please visit the following website:
http://oia.pdx.edu/intl_students/insurance/.

Coverage begins the first day of each term, except for Fall term, when coverage will begin on **September 20**.

Cost and Payment

The cost for the PSU Supplemental health insurance plan is \$183 per term. Additionally, all PSU students (domestic and international) are enrolled in a Basic health insurance plan, the cost of which is included in your student fees. You will be automatically enrolled in the PSU international student health insurance plan and automatically billed when you register for classes. Payment for this insurance will take place at the same time that payment for tuition and fees takes place.

If you will have a government scholarship, or receive insurance through the employer of your spouse or parent, you may be eligible for a waiver of the insurance from PSU. You may find more information about waivers on the Insurance section of the International Student and Scholar Services' website:
http://oia.pdx.edu/intl_students/insurance/.

If you have any questions about the PSU international student accident and health insurance plan, please contact via e-mail Joshua Davis, International Student and SEVIS Advisor, at jndavis@pdx.edu.

Thank you for choosing Portland State University. We look forward to meeting you soon!

Yours truly,

Judy Van Dyck
Director, Office of International Student and Scholar Services